



OAKFIELDS MONTESSORI SCHOOL

Issues 23 & 24(combined)

Friday 5th April 2019



MESSAGE FROM THE HEADTEACHER

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Dear Parents and Guardians

Easter is nearly here and (other than the hail stones) we can really feel Spring in the air! School has been filled with visitors, school trips, workshops and so many exciting learning opportunities that there are too many to list!

As we approach the end of another busy and productive term and look forward to the Easter break, it is also a good time for us to look towards all that the summer term will bring. I know that as parents this is the ideal time for us to check that our child's uniform fits and purchase additions when necessary. Can I therefore please ask that you consider these reminders. It will help to ensure uniform expectations are met and that all children represent the school as we would hope.

Summer uniform is expected to be worn as we return after the Easter holidays. Please refer to our uniform list if you are unsure of what this consists of.

- Girls are expected to wear white socks.**
- Boys are expected to wear plain grey socks.**
- All hair accessories should be navy or white.**
- Only school coats are permitted.**
- Shoes must be black shoes (no trainers or shoes that resemble trainers)**
- Only school caps are allowed and are very much recommended during the summer months.**

I thank you for your continued support with this and look forward to seeing everyone in their summer uniform – please let them bring the sunshine with them!

We still have three remaining days at school and we look forward to taking part in our PTA Easter Egg hunt which we know will be great fun, filled with chocolate and enjoyed by all!

Have a wonderful weekend and I look forward to seeing everyone on Monday.

Kind Regards

Mrs Carroll
Headteacher

Celebrating Success

HEAD TEACHERS AWARDS

- Year 6 - The whole class!
- Year 5MB - Emily M and Rhiannon D
- Year 5UN - The whole class!
- Year 4CB - Joe R
- Year 4JM - Anaikh S
- Year 3 - Zariah E
- Year 2 - Aaliyah Y
- Year 1 - Joshua W
- Reception - All of Reception!



WEEKLY ATTENDANCE

- Y1 - 89.5%
- Y2 - 97.8%
- Y3 - 95%
- 4JM - 96%
- 4CM - 95%
- 5UN - 99.2%
- 5MB - 93.8%
- Y6 - 93.3%



HOUSE POINTS

- 1st: Chestnut 464
- 2nd: Beech 409
- 3rd: Elm 354
- 4th: Oak 344



Celebrating Success

HEAD TEACHERS AWARDS

- Year 6 - Abigail T
- Year 5MB - Jonathan A
- Year 5UN - Harry H and Tomiwa F
- Year 4CB - Oscar M
- Year 4JM - Lexie-Blu R
- Year 3 - Monique B
- Year 2 - Sharon Z
- Year 1 - Charis O
- Reception - The whole class for their brilliant work making their Mother's Day presents.



WEEKLY ATTENDANCE

- Y1 - 95.5%
- Y2 - 98.9%
- Y3 - 100%
- 4JM - 93%
- 4CM - 98.6%
- SUN - 99.1%
- SMB - 93.1%
- Y6 - 91%

HOUSE POINTS

- 1st: Beech 413
- 2nd: Oak 382
- 3rd: Elm 365
- 4th: Chestnut 350



Year Group Highlights

YEAR 1

This week within Design & Technology, Year 1 made healthy pizzas!

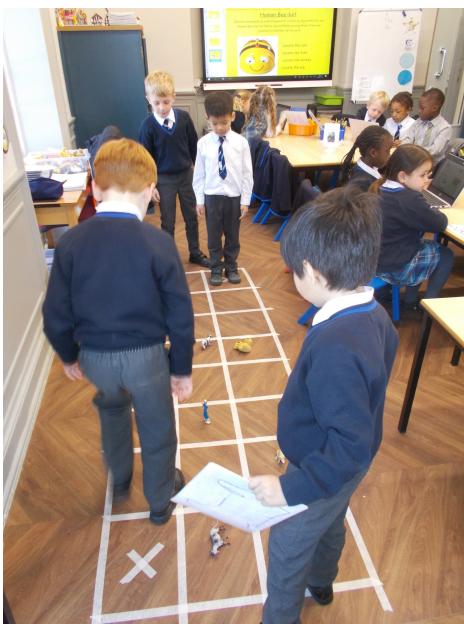
The children followed design criteria when making their pizzas. This included:

- Be healthy
- Have at least two types of fruit or vegetables
- Be a source of carbohydrate (the base)
- Be colourful
- Be tasty

The children sat down in Year 1's pizza restaurant to eat their freshly cooked pizzas. Everyone was very pleased with their creations!

As part of our learning within computing, Year 1 explored creating simple programs. The children went on a 'programmed' animal hunt. Working in teams, the children took it in turns to 'program' a member of their team to reach and collect animals. If the child's instructions were correct, they collected the animal and the team then 'programmed' the next person to reach the next animal. If their instructions were incorrect the opposing team got a chance to 'debug' the instructions and have a go at collecting the animal. The team with the most animals at the end of the game won.

Additionally, in pairs, the children worked together to create simple programs on Lightbot. They completed the levels by inputting commands to program Lightbot to light up all of the blue squares.



Year Group Highlights

YEAR 5

In Year 5, we have been building up to writing a balanced argument about whether children should be restricted to fruit and vegetables for break snack. We held discussions, we came up with arguments for and against and then we then typed them up, read them to our groups and voted on the arguments that we thought were most effective.

The winners were Rhiannon Dwomoh, whose entry was on the Year 5 learning overview last week, and Freddie Edobor, whose entry you see below!



Should Children at Oakfields be restricted to Fruits and Vegetables for a Break Snack?

By Freddie Edobor

At Oakfields, children from all ages are given the choice of bringing in a snack for break time. Break snacks are beneficial to all of us as they provide us energy to allow us to maintain focus until lunch-time. This is a vital part of our day: feelings of hunger could make the children feel unwell; lack of nourishment could prevent the children from showing their best and children can feel less willing to participate in the activities that Oakfields provided. There are arguments for and against the restriction of eating fruit and vegetables for a break snack and this argument will show both sides.

The first side of the argument that I will be considering is that children should be restricted to eating fruit and vegetables for a break snack.

My first point is that there are certain ingredients that some of our children at Oakfields are allergic to and not everyone is aware of this. It is vital to remember that there are various ingredients put into different snacks and if there is any sharing of snacks occurring (even though you are not supposed to share food unless it is your sibling) the unsuspecting victim, who suffers from unknown allergies, could not be aware of the ingredient and they could go into an anaphylactic shock, which is an extremely dangerous allergic reaction. This could lead to them feeling ill, going home or even to the hospital. As well as this, children could compete over who has the best break snack and this could leave other children feeling very lonely and isolated which would cause them to feel unhappy at school – something that does not suit our Oakfields ethos. Significantly, sugary snacks could also have a negative impact on concentration as it could cause hyperactivity where you may become extremely hyper, but then the level will slope down and you will become sluggish. This will ultimately lead to lack of concentration and is detrimental to your learning.

Moving onto the alternative side of having a break snack of your choice. My first point is that the snacks are not filling enough as this is when the children show a lack of concentration as they could be extremely hungry. As well as this, there are alternative options as some foods are not healthy and they do not have fruits or vegetables but, some foods are healthy and do not contain fruit or vegetables such as rice cakes or crackers. It is important to note that democracy is a crucial part of school and children should be allowed to have a choice. Finally, as well as eating unhealthy foods, you could be burning off calories by doing the P.E, swimming and the extra-curricular clubs that Oakfields provides. Having considered both sides of the argument there are several reasons to why children should and should not be allowed to eat a break snack. So should children be restricted for fruit and vegetables for a break snacks? I think the most reasonable and wise answer is yes.

Year Group Highlights

YEAR 5 (cont.)

ISA Essay Competition

As you are aware, the year 5 students participated in the Independent School Association Essay Competition. This was an opportunity for the children to showcase their writing skills by writing a piece of work based on one of the given titles from the ISA.

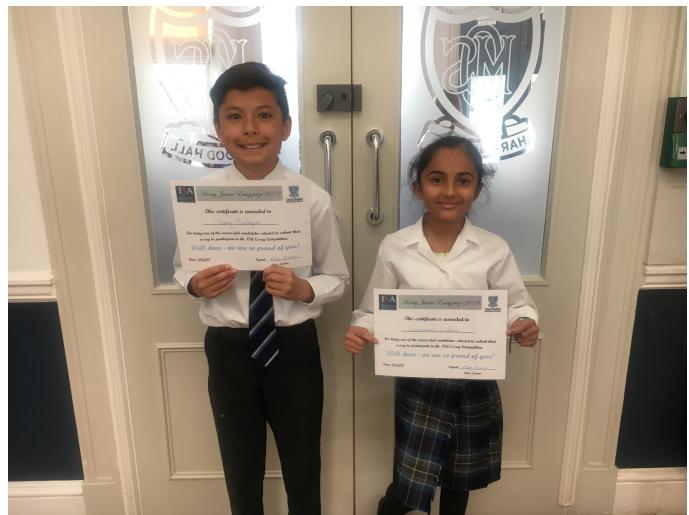
Schools were able to submit a maximum of one female entry and one male entry for the competition and we selected our successful candidates this week.

The candidates that were selected to submit their essays for the competition were:

Harry Montague and Gursimran Lidher

We will know later this month whether the children have been successful... We will keep you informed!

Year 5 Team



RECEPTION

Receptions Mother's Day Stay and Play

Last week Reception were thinking about their mums. The children have created beautiful portraits, cards and gifts for their mums for Mother's Day. Last Friday Reception had stay and play where their mums guessed which portrait was them and were given the children's lovely creations. The pupils and parents enjoyed taking part in different activities around the classrooms.

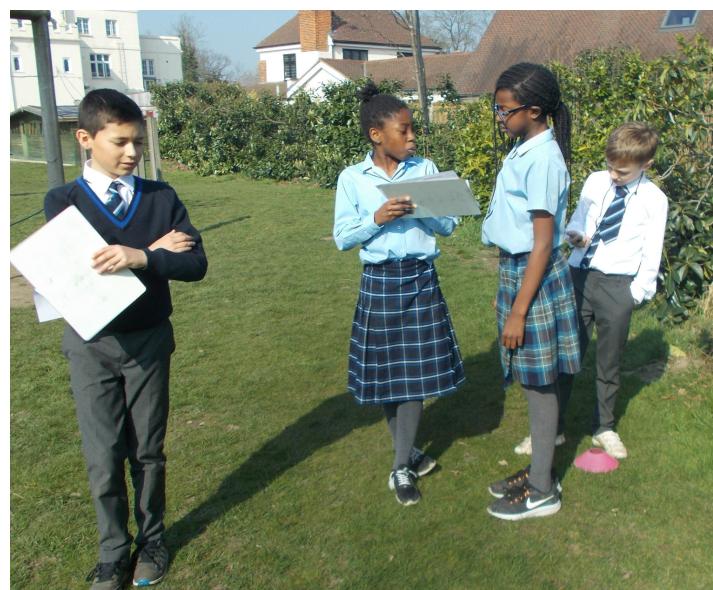
We hope all the mums had a lovely Mother's Day!



Year Group Highlights

YEAR 6

Year 6 have been investigating the effects of exercise on heart rate. They planned and conducted a study of their choice to test either highest heart rate attained or amount of time to recover after exercise. Resting heart rates were recorded in class then exercise was taken outside. The learners drew conclusions about the heart rate rising during exercise and how this is linked to the body's need for oxygen (transported in the blood) to enable muscles to work efficiently.



Sports

BASKETBALL CLUB

On Tuesday 2nd April 6, our pupils attended the Havering Sports Collective Basketball Rally at Emerson Park Academy. Our team consisted of Bella Marshall, Aaron Jackson, Alex Harvey, Ethan Sabado, Adiel Edobor and Freddie Edobor coached by Leroy from Right Development Basketball Academy.

Our first game was against Parsonage Farm, we lost 8/2.

Our second game was against St Joseph's, we drew 4/4 then we won the next 3 matches :

4/0 v Harrow Lodge

4/2 v Rise Park Junior

6/2 v St Patrick's

This meant we qualified as runners up in our pool to play in semi finals unfortunately we drew against Parsonage Farm but beat St Thomas. Due to count backs on baskets scored we did not make the Final..but this was an excellent result out of 24 schools.

Congratulations to all of the pupils and coach Leroy!

Basketball club will continue next term so sign up as soon as possible.

Miss Peacham
Head of PE



SUMMER PE KIT

Pupils must have white socks in their PE bags - Many Pupils have no change of socks and this may cause foot infections or blisters. Please ensure your child has white ankle socks and check that their trainers (which are better than plimsolls for the field) still fit them. For the summer activities pupils will not necessarily need their thermals but please check they have full PE kit - blue top / skorts and shorts and full tracksuits clearly named in their bags.

Thank you for your continued support, I am sure you'll agree with me, that our pupils look very smart. You will see them in all their glory at the Annual School Sports Day on FRIDAY 14TH JUNE - INFANTS FROM 10am - 12pm AND JUNIORS 1.30pm - 4pm

Student Achievements

Oscar M completed his Karate grading last Sunday and achieved his yellow belt!!

Well Done Oscar!



Lexie-Blu R and her group the Sparrows have qualified for the Elite league and British championships.

Well done Lexie!



Jaden K also played in a Chelsea Football Tournament with the Romford Football Club and they won 1st place!

Well done Jaden!



Toluwani B took part in the Lamda public speaking exam and received a Distinction!

Well Done Toluwani!



Zoey A played in a Chelsea Football Tournament with the Aveley Club and they won 1st place!

Well done Zoey!



BE
LIEVE
IN

YOU
RSELF



HEALTHY EATING DAY

Today, the children enjoyed our 'Oakfields Healthy Eating' day. Each year group attended a workshop session that included a group talk led by Thomas Frank's nutritionist, Julia Hayes and a practical taster session, led by Matt Steadman, Ops Manager of Thomas Franks.

The children had a brilliant day learning about nutrition and tasting a variety of healthy foods including the well known carrots, cucumbers, peppers, mango, and papaya, just to name a few. They also learnt about some new fruits and vegetables such as purple broccoli, purple and yellow carrots, dragon fruit, mooli fruit, and kumquat fruit. They sampled freshly made salsa, guacamole, and hummus. (See the recipe for the salsa below to indulge at home!)

SALSA INGREDIENTS

- Tomato
 - Onion
 - Coriander
 - Lime Juice
- chop, mix, and serve!*

Did you know that a small bottle of lucozade used to contain 17 teaspoons of sugar? We were all surprised to learn this! It's good to know that they have since wizened up and lowered the amount of sugar to 4.5 teaspoons. We all agreed that water is still one of our favourite choices for a healthy drink!

All in all I would say that the healthy treats were well received and that the children will now be eager to have a variety of fruits and vegetables be a normal part of their diets!

Thank you to Julia Hayes, Matt Steadman, and Chef Belinda from Thomas Franks for coming out and spending the day enlightening us all on healthy foods.

Parents, it's your turn on Monday evening! Be sure you have RSVP'd to our Nutrition Workshop. We can't wait to see you there!



Other News

UPDATES FROM BRENTWOOD SCHOOL

From next year Brentwood will have a new Headmaster, Michael Bond. With this change comes some changes to the Admissions process. From next year, they will be changing their Verbal Reasoning test provider from GL Assessment to CEM. In addition to their own English and Mathematics tests, they will use the CEM Select **computer-based** test, which assesses a pupil's verbal reasoning **and** non-verbal reasoning.

CHOIR SINGS AT QUEENS HOSPITAL

On Tuesday a fantastic small group of singers visited Queens Hospital to spread some joy as people arrived and left the hospital. A collection for the hospital's charity took place and the children enjoyed celebrating all the money they were able to raise through their talents. We raised £134.81 which will be used within Tropical Lagoon (the children's ward).

One spectator commented that the children had made her day as she had recently had to leave work through illness and missed her school choir. Thank you to all the hard work of the children to learn their words and sing with such passion. The children enjoyed performing a 'Greatest Showman' medley and the collection of songs they had chosen to bring a smile to the members of the public's faces. They were rewarded with many smiles as people passed!

Mrs Marshall was so proud of the group and for the support of the parents and grandparents who came to encourage the children. As always Oakfields are so grateful for the ongoing support of our families, thank you.

UPCOMING SPORTS FIXTURES

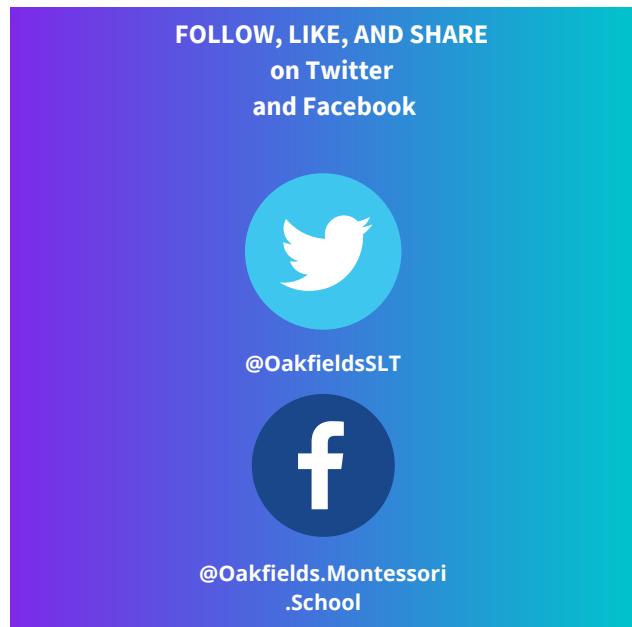
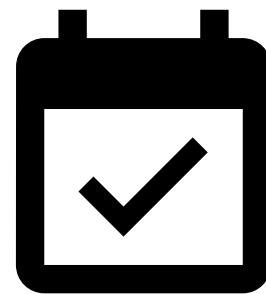
- Wednesday 1st May - Years 3 & 4 Tennis Tournament at Grosvenor Tennis Club
- Wednesday 22nd May - Years 5 & 6 Boys Cricket Tournament at Rainham Cricket Club
- Thursday 23rd May - Years 5 & 6 Tennis Tournament Tournament at Grosvenor Tennis Club



Upcoming Events

Dates for your Diary

- Monday - 8th April - Parents Nutrition Workshop
6:30pm
- Tuesday 9th April - Easter Egg Hunt (PTA)/Early Years Easter Bonnet Parade/Easter Themed Lunch for the children
- Thursday 11th - Friday 26th April - Easter Holidays
- Monday 29th April - CHILDREN BACK TO SCHOOL
- Monday 6th May - BANK HOLIDAY
- Tuesday 7th May - Reception Coffee Morning 9am
- Wednesday 8th May - Year 1 Coffee Morning 9am/
PTA Meeting 7:45pm
- Thursday 9th May - OPEN DAY (for prospective parents)
- Friday 10th May - Year 2 Coffee Morning
- Monday 13th May - Year 3 Coffee Morning
- Tuesday 14th May - Class Photos
- Wednesday 15th May - Year 4 Coffee Morning
- Thursday 16th May - Year 5 Coffee Morning
- Friday 17th May - Kindergarten Coffee Morning/
Reception Trip to Langdon
- Monday 20th May - Year 6 Coffee Morning
- Wednesday 22nd - Friday 24th May - Year 5
BUSCHCRAFT TRIP
- Monday 27th - Friday 31st May - HALF TERM
HOLIDAY



JUST TO REMIND PARENTS THE SCHOOL SHOP SERVICE CLOSES THIS FRIDAY 5TH APRIL

RE OPENS FRIDAY 3RD MAY, 2019

PARENTS THAT HAVE PRE ORDERED SUMMER DRESSES WILL BE DELIVERED OR CAN BE COLLECTED WEEK COMMENCING THE 15TH APRIL

ORDERS CAN BE PLACED ONLINE AT

WWW.BESPOKESCHOOLWEAR.CO.UK

11+ 2020 Entry

We are aware that some parents of children in Year 5 will be considering applications to selective schools for 2020 entry. The Consortium of Selective Schools in Essex (CSSE) have contacted us to remind you of the process and key dates. Further details can be found at www.csse.org.uk.

The key dates for your information are:

- Registration for the 11+ exam opens on 14th May 2019**
- Registration for the 11+ exam closes on 1 st July 2019**
- The 11+ Test will take place on Saturday 21 st September 2019**

Upcoming Events

Please RSVP ASAP

Nourish: healthy body, healthy mind

Nutrition Workshop

Monday 8th April 2019
Refreshments served: 6:50 - 7pm
Workshop: 7-8pm

Join us for a parent information evening where we will be focusing on the impact of food and nutrition on children's development, learning and well being with Julia Hayes, Nutritionist and Matt Steadman, Operation Manager, both from Thomas Franks Catering as well as our own Chef Manager, Steve Morris. They will be discussing:

- The nutritional needs of school children
- The sugar battle
- The impact of food on children's mental health and well-being
- Positive body image and the food debate
- Incorporating healthier options into the school menu

There will be a Q&A session at the end, and a chance to sample some of the meals on offer from our current school lunch menu.

RSVP to office@oakfieldsschool.co.uk by the 29th March 2019
We look forward to seeing you there.



5 Ways You Can Get Involved on Sunday 7th April

- 1 - Do a project to empower your community
- 2 - Do a personal challenge that has takes you outside your comfort zone
- 3 - Post an inspiring recorded/live video or write something on social media to your followers
- 4 - Do a community or family /individual meditation/ prayer
- 5 - Thank and acknowledge someone that makes a difference to you

Then post a selfie video / photo adding #wtd #wtdchallenge

Please Like, Comment & Share

www.worldtransformationday.com

Our Oakfields students Maya, Sai and Dia are helping this Sunday on World Transformation Day by cooking for and eating with homeless people with the local Havering homeless charity Hope 4 Havering!

Come out and get involved!

LONDON BOROUGH OF HAVERING

HYS Haivering Music School

OPEN DAY

AN AFTERNOON OF MUSIC ADVICE AND INSPIRATION

MUSIC TASTER LESSONS RAFFLE TECH TIPS

FREE ENTRY PERFORMANCE ADVICE INSTRUMENT CHECKS TRADE STANDS FREE ENTRY

SATURDAY 6 APRIL 1-2.30pm

HAVERING SIXTH FORM COLLEGE

Wingletye Lane, Hornchurch RM11 3TB

www.haveringmusicschool.org.uk